

Newsletter

Friday 21st June 2024

The winner of this week's Golden Welly Award is... *Harry C*

Class	Chosen by Teacher	Chosen by Class
Mrs Burrell	Freya-Rose L	
Mr Whiteley	Indi H-H	Alfred E
Mrs Mitchell	Toby W	Alice W
Miss Lycett	Sebastian S	Jared C
Mrs Crossley	Kobie L	Tommy H
Mrs Jones	Annie C	Lacie F
Mrs Cross	Summer F	Mia H
Mrs Hughes	Lily B	Mila W
Mrs Bailey	Lola-Rose M	Sethen P
Mrs Slinger	Roman I	Mrs Slinger
Miss Mutch	Atlanta C	Charlie B

Sports Day Grand Totals...

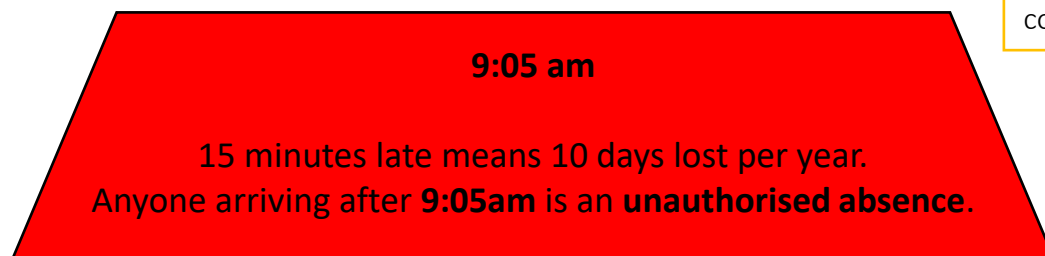
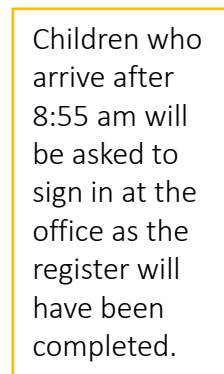
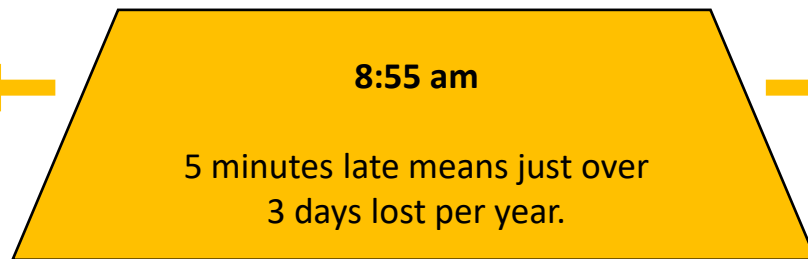
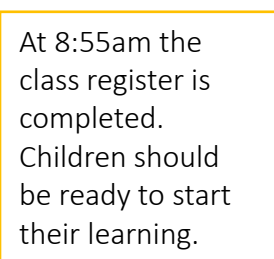
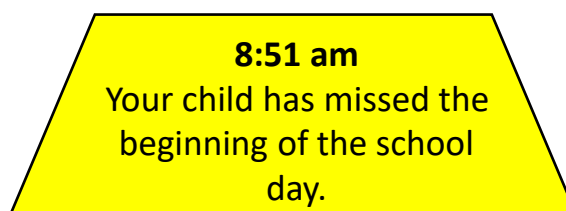
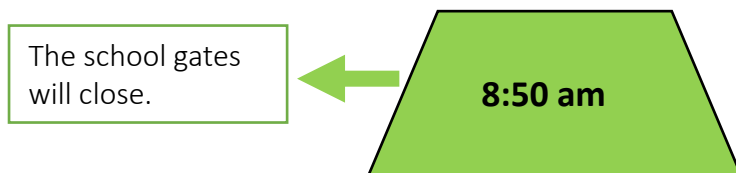
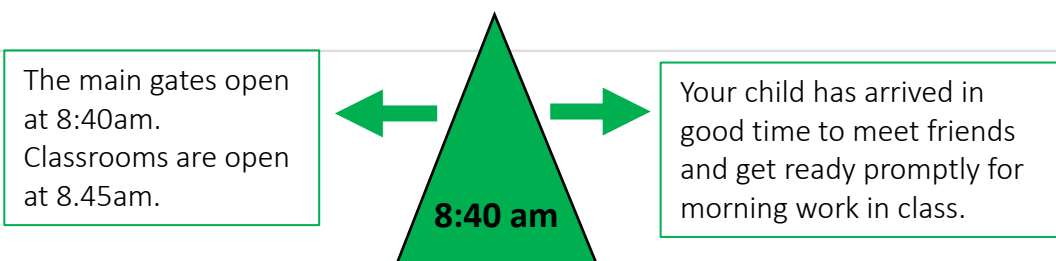
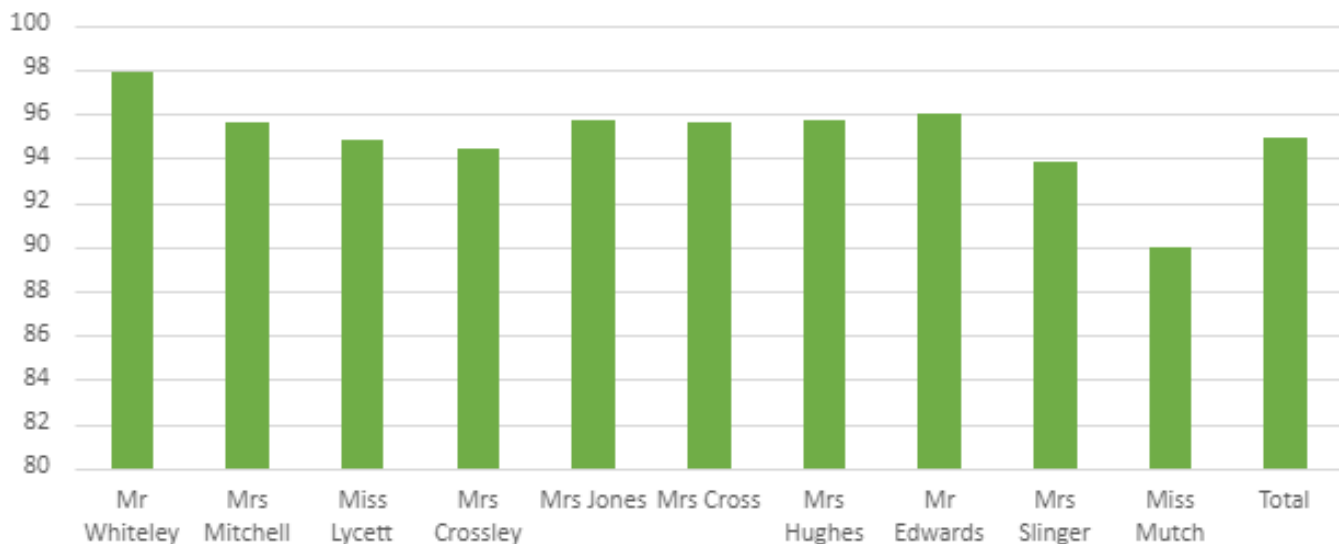
347 

344

336

321

Attendance 10th -15th June



Olympics Week 17th June – 21st June

To celebrate the approaching start of the Paris 2024 Olympics, we held a special Olympics-themed week. We started the week with our classes each representing a nation and taking part in an exciting opening ceremony on the field. The password to [the video](#) of this has been sent via text. The Ambassadors carried a genuine torch from the London 2012 Olympics.



Each class was given a country which was their focus for the week.

Nursery – the UK

Reception – Spain

Year 1 – Australia

Year 1/2 - Brazil

Year 2 – Switzerland

Year 3 – Japan

Year 3/4 - Italy

Year 4 – Morocco

Year 5 – India

Year 5/6 – USA

Year 6 - Germany



PARIS 2024



Year 6 – We Need Your Help!

This year, we have had to subsidise a greater number of places for Carlton and Robinwood. In some cases, we have not received any payment at all. The result is that the school have had to contribute several thousand pounds to make up the shortfall. This is not sustainable as a long-term strategy. If we end up with such a deficit in future, it is likely it would lead to cancellation.

To try to raise some funds to contribute to the bill, Tesco have agreed to let us do a bag pack on **Saturday 29th June from 10:00am – 6:00pm**. We need approximately 15 volunteers if possible. Mr Peoples, Mr Whiteley and Mrs Hughes will be there to support and supervise the pupils (as well as some PTA volunteers).

I hope we get plenty of volunteers (either willingly or unwillingly!) 😊



Sports Day 2024

We had a wonderful feature-length sports day this year! It's the first time I can remember that we've managed to avoid the rain and go ahead with it first time too. The pupils showed a lot of resilience, particularly in the longer races.

Thank you for coming to support the event; thank you to James Lofthouse, Mrs O'Toole and Miss Mutch for organising; and thank you to the PTA for the refreshments and organising the Macmillan collection.

We are very fortunate to have such committed volunteers who give up their time to raise money (**over £200**) for such a worthy cause so close to our hearts.

There are hundreds of pictures and videos of the sprints on [The Blog](#).







Joe McKechnie Visits Applegarth



Joe McKechnie, the inclusive sports officer responsible for managing the Hambleton Boccia team, came into school to show our pupils some new sports.

Joe talked about his career playing disability football and showed us how to play the Paralympic sport of Boccia. The children really enjoyed it and felt very inspired. There is a flyer on the next page for sessions Joe is running at Northallerton Leisure Centre if anyone is interested in getting involved.

BOCCIA



Booking
is
essential

Saturdays 4-5pm

Northallerton Leisure Centre, Rotary Way, Stone Cross, Northallerton DL6 2UZ

All activities are played from a seated position. Sessions are led by a qualified instructor.

For further information please contact Hambleton District Council on **01609 779977**
or email communities@hambleton.gov.uk or to book, contact Northallerton Leisure Centre on **01609 777070**.

Thank you to everyone who donated
to Christian Aid. Together (All Saints
and Applegarth) we raised nearly
£4000.



School Calendar

Event	Class	Location	Date and Time
Pride Month	Whole School	Applegarth Primary School	June 2024
School Avoidance Webinar	Whole School	Online	Tuesday 11 th June 2024 5:30pm Click here to join
Reception New Starters Welcome Event	Reception Sep 2024 Class	Applegarth Primary School	Wednesday 12 th June 2024 5:00pm – 6:00pm
Autistic Pride Day	Whole School	Applegarth Primary School	Tuesday 18 th June
Nursery New Starters Welcome Meeting	Nursery	Applegarth Primary School	Wednesday 19 th June 4:30pm – 5:30pm
Sports Day	Whole School	Applegarth Primary School	Key stage two Wednesday 19 th June 2024 9:30am – 11:30am Reception and key stage one 1:10pm – 2:45pm
Internet Safety and Mental Health Roadshow	Year 5 and 6	Northallerton Town Hall	Thursday 20 th June 2024
Class & Group Photographs	Whole School	Applegarth Primary School	Friday 21 st June 2024 9:00am – 2:00pm
Robinwood	Year 6	Robinwood , Alston	Monday 24 th June – Wednesday 26 th June 2024
PTA Summer Fair	Whole School	Applegarth Primary School	Friday 28 th June 3:30pm – 5:00pm

Event	Class/Phase	Location	Date and Time
Sports Day (contingency date)	Key stage two	Applegarth Primary School	Key stage two Wednesday 3rd July 9:30am – 11:30am Reception and key stage one 1:10pm – 2:45pm
Nursery Sports Day and Celebration Picnic	Nursery	Applegarth Primary School	Thursday 4th July 1:30pm – 3:00pm
Year 6 Leavers' Performances	Year 6 Families	Applegarth Primary School	Monday 8th July 5:30pm – 7:00pm Tuesday 9th July 1:30pm – 3:00pm Thursday 11th July 5:30pm – 7:00pm
Mr Renwick World Cup	Whole School	Applegarth Primary School	Wednesday 10th July
Reception New Starters Transition Session	Reception	Applegarth Primary School	Thursday 11th July 1:30pm – 3:00pm
Nursery and Reception New Starters Transition Day	Nursery and Reception Sep 2024 Class	Applegarth Primary School	Friday 12th July 9:30am – 3:00pm
Year 6 Leavers Assembly	Year 6	Applegarth Primary School	Wednesday 17th July 2:00pm – 3:00pm

2024/2025 Academic Year

Event	Class/Phase	Location	Date and Time
Macmillan Coffee Morning	Whole School	Applegarth Primary School	Friday 27 th September
PTA Halloween Disco	Whole School	Applegarth Primary School	Thursday 26 th October Nursery, Reception and Key Stage One 5:00pm- 6:00pm Key Stage Two 6:15pm – 7:15pm
PTA Christmas Fair	Whole School	Applegarth Primary School	Friday 29 th November 3:30pm – 5:00pm
Key Stage Two Carol Concert	Years 3 - 6	All Saints Church TBC	Wednesday 4 th December 10:00am – 11:00am
Key Stage One Nativity	Years 1 and 2	Applegarth Primary School	Monday 9 th December 6:00pm – 7:00pm Tuesday 10 th December 10:00am – 11:00am
Key Stage Two Panto	Years 3 - 6	Applegarth Primary School	Tuesday 10 th December 6:00pm – 7:00pm Thursday 12 th December 6:00pm – 7:00pm
Reception Nativity	Reception	Methodist Church, Northallerton	Tuesday 17 th December 10:00am – 11:00am

10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. Watching walks with podcasts and teachers can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviour. Educators could do this in several ways, such as replicating their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. So a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Family walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gilbert is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College



DEER SHED FESTIVAL

RETRO FUTURES

26-29
JULY
2024

THE CORAL * BOMBAY BICYCLE CLUB * CMAT

SPECIAL GUEST BC CAMPLIGHT

THE GO! TEAM LOS BITCHOS STORNOWAY KING CREOSOTE
JALEN NGONDA JOHN FRANCIS FLYNN FAT DOG LIZ LAWRENCE
PERSONAL TRAINER KOKOKO! NANA BENZ DU TOGO LYR DEADLETTER
KATHERINE PRIDDY FLAMINGODS BESS ATWELL PILLOW QUEENS

AGE 2
AAYUSHI ANNIE DRESSNER BABA ALI BLUE BENDY BROWN HORSE CERY'S HAFANA CHALK
CHIEDU ORAKA DANA GAVANSKI DOMINIE HOOPER ELLUR FRANKIE ARCHER FROZEMODE GROUP LISTENING
HOME COUNTIES JACOB ALON JESSICA WINTER KATHRYN WILLIAMS & WITHERED HAND
KATIE GREGSON-MACLEOD LILY LYONS LIZZIE NO MADMAD MAD MAN/WOMAN/CHAINSAW MELIN MELYN
MORGAN HARPER-JONES NATURE KIDS NIKI STEVENS O. ONEDA OUR MAN IN THE FIELD PICTURE PARLOUR
TAPIR! TINY UMBRELLAS TROUT THE ITCH THE TUBS TWO CANDIES VIJI ZIYAD AL-SAMMAN
ACROSS THE TRACKS (DJ) RORY HOY (DJ) GET IN HER EARS (DJ)

COMEDY - THE HORNE SECTION

SHAPARAK KHORSANDI ANDREW MAXWELL SIKISA FELICITY WARD ABANDOMAN ATHENA KUGBLENU
LORNA ROSE TREEN JOSH WELLER TASKMASTER: EDUCATION LORRAINE BOWEN ANNA HALE SU MI
OLAF FALAFEL HAYLEY ELLIS JONNIE ONE BISCUIT THE PITCH KATIE PRITCHARD ADA CAMPE
BEAN SPILLERS KIRSTY'S POPTASTIC PIANO SINGALONG JUNIOR JUNGLE SOUP GROUP
MR SLEEPY BUM SHE CHOIR PRESENTS SUNDAY MORNING ASSEMBLY KAPOW WRESTLING

LITERARY & SPOKEN WORD

ANDY BURNHAM VANESSA KISUULE SIMON ARMITAGE JOHN NIVEN ANIEFIOK EKPOUDOM DR JENESSA
WILLIAMS ANNA DOBLE NJAMBI MCGRATH KATHERINE O'SHEA OLAF FALAFEL RIMA AHMED
DAVE SIMPSON ALAN LEACH'S FAMILY FUN QUIZ MARTYN BEDFORD LIVEWIRE POETRY
LEEDS TRINITY UNIVERSITY SOUNDTRACK TO MY LIFE PODCAST
WRITING BIG IDEAS: NEW NOVELISTS WRITING BIG IDEAS: PERFORMANCE & PROSE

SCIENCE RIELDER OBSERVATORY TAKEOVER RUBIK'S CUBE WORKSHOPS VR RETRO GAMING
SYNTH BUILDING SOLDERING GIRLS WITH DRILLS LASER MAZE TMUSIC PRODUCTION PUZZLE CORNER

SPORTS SKATEBOARD & BMX WRESTLING AMERICAN FOOTBALL HURF GUN ARENA KAYAKING
TREE CLIMBING DIY SPORTS ASSASSINS FLAG FOOTBALL SPACE CADET BOOTCAMP

UNDER 55 OVER 20 GREAT ACTIVITIES TO KEEP YOUR YOUNG ONES ENTERTAINED!

PLUS THEATRE, CINEMA, WELLBEING, WORKSHOPS & THE WILDERWILD

BALDERSBY PARK,
TOPCLIFFE,
NORTH YORKSHIRE!

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HOLIDAY ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and clothes for climbing, scrambling, crawling and squirming amongst the rocks and we'll provide the rest.

£52.50, or £97.50 for siblings (7-16 years old)

Ilkley Cow & Calf: 2nd, 6th, 15th, 16th, 19th, 20th, 28th & 29th August, 9.30am-4.30pm

Brimham Rocks: 26th July, 9th, 13th, 14th, 21st, 22nd, 26th, 27th, 30th August, 9.30am-4.30pm



Book online or contact us via email

 WWW.MYEXPEDITIONROCKS.COM  INFO@MYEXPEDITIONROCKS.COM





Applegarth School

AIM HIGH... BE HAPPY... CELEBRATE... TOGETHER

Applegarth School Summer Fayre 2024 28th June 2024

We are looking for Donations for our Summer Fayre, this can include anything from bottled items, teddies, cakes, items for our Tombola, Raffle prizes and preloved uniform

All monies raised will help to fund school equipment and enrichment activities for the children

All donations can be brought into school and handed to your class Teacher

IF YOU ARE ABLE TO VOLUNTEER ON THE DAY PLEASE LET SCHOOL KNOW.
SET UP TIME IS 1.30PM AND TIDYING UP FINISHES AROUND 6PM.



TRIBUTE NIGHTS

at Thorp Perrow

Following the huge success of our previous concerts, our wonderfully vibrant Tribute Nights are back!



Hot food & a selection of alcoholic and non-alcoholic beverages will be available to purchase on the evening. You are permitted to bring your own picnics

What better way to spend a summer's evening and get together with friends and family!

follow us on



 Thorp
Perrow

FUN &
FAMILY
FRIENDLY
OUTDOOR
EVENTS

For full information, visit thorpperrow.com
or call 01677 425 323

SUNDAY 7TH JULY 12PM - 4PM



JOIN US
FOR NORTHALLERTON TOWN'S
FAMILY FUN DAY

Find us at:
Farndale Avenue
Romanby



FUN FOR THE WHOLE FAMILY!

CACTUS TOSS - INFLATABLE BOWLING ALLEY - INFLATABLE PENALTY SHOOT OUT - WOODEN LIMBO - GIANT BUZZ WIRE - HIT THE BELL

**BBQ - BAR - CAKES & SWEETS - RAFFLE -
BOTTLE TOMBOLA - SOAK THE COACHES AND MORE**
FOR MORE INFORMATION SEE OUR FACEBOOK PAGE