

Newsletter

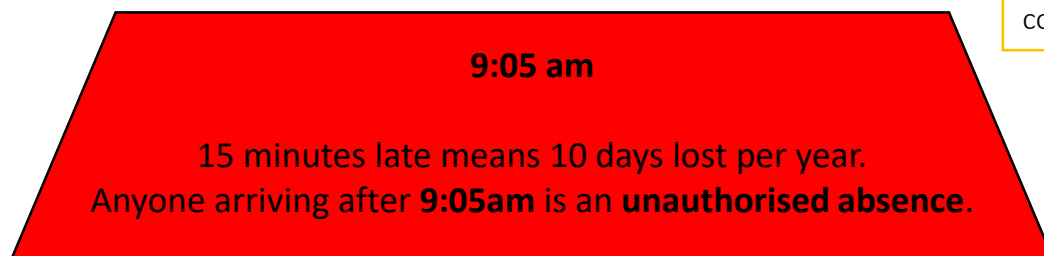
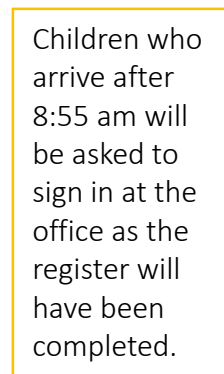
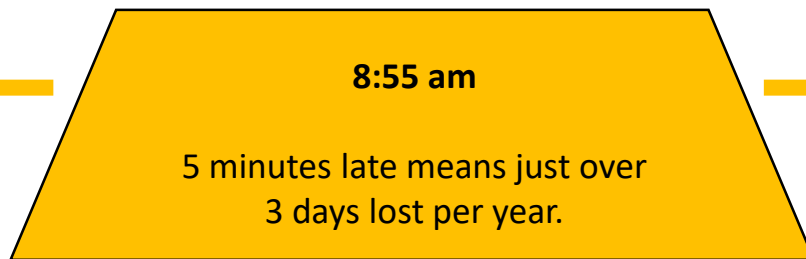
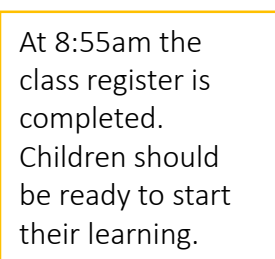
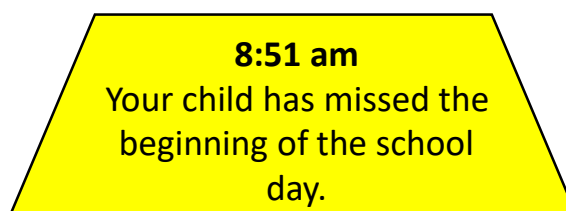
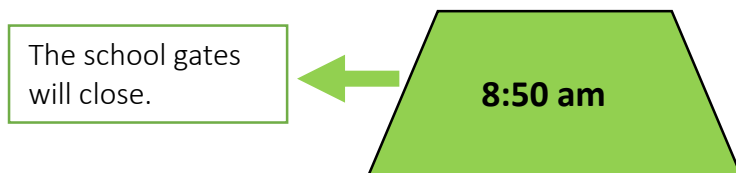
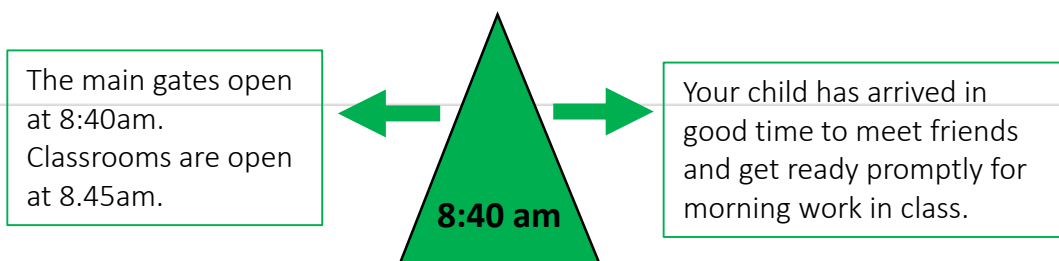
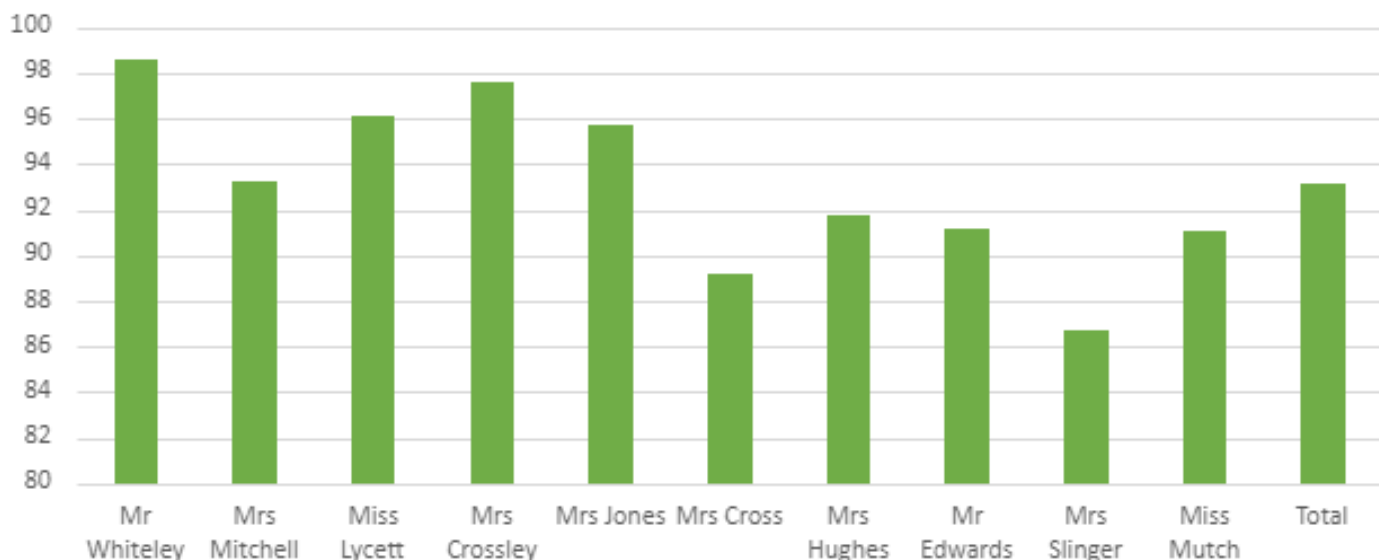
Friday 7th June 2024

The winner of this week's Golden Welly Award is... *Paige P-Y*

Class	Chosen by Teacher
Mrs Burrell	Walter L
Mr Whiteley	George C
Mrs Mitchell	Willow T
Miss Lycett	Theo P
Mrs Crossley	Zander C
Mrs Jones	Fearne S
Mrs Cross	Ariana T
Mrs Hughes	Heidi H
Mrs Bailey	Niamh D-H
Mrs Slinger	Archie W
Miss Mutch	Finley W



Attendance 20th May – 24th May



A Fond Farewell to Mrs Fowler

It is with mixed emotions, that I have to inform you all that I will be retiring from Applegarth School at the end of the summer term.

I have experienced a very, very happy time as a member of the Applegarth Family. And I want to thank all my colleagues, Governors, families and especially all the children for helping provide a thoroughly enjoyable conclusion to my working life.

But now it is time to spend some quality time with my husband, family and friends which I am really looking forward to – but I will miss you all.

I wish everyone at Applegarth wonderful and happy times ahead – keep smiling 😊.

Mrs Fowler

I'm sure you'll all agree that Applegarth just won't be the same without Mrs Fowler. She is a dedicated, multitalented and relentlessly positive person. She is the voice on our answer phone and one of the first welcoming faces our visitors see when they arrive. Her philosophy of "treating others how you'd want to be treated" will be her lasting legacy.

She can retire in the knowledge that she has certainly left her mark on this school and the hundreds of pupils and families she has served with dedication and a smile over the last 12 years.

Sowerby Music and Hathor Duo



On Wednesday, we were visited by Sowerby Music and Hathor Duo. The whole school experienced a magical story of Merlin and fairies all accompanied by flute and harp music. Year 3 and 4 then participated in workshops where they created their own lyrics, melodies and musical accompaniments.

If your child has expressed an interest in learning a musical instrument, please contact Mrs Jones.

Reception Animal Antics Assembly

Just before we broke up for half term, the children in Reception performed an assembly to families and friends, sharing all their learning in their 'Animal Antics' project. It was a fantastic opportunity for our young learners to speak (and sing) in front of an audience. Some children even retold their favourite story, 'The Lion Inside' by Rachel Bright. Well done to all the children involved!



As you know, May 12th to 18th was Christian Aid Week and some of the staff at school were totting up the kilometres to hopefully total 70K in May.

We are please to announce that in total we moved a massive **325K** in May. We are still collecting money, so if you would like to donate the link is below.

<https://fundraise.christianaid.org.uk/challenge-2024/northallerton-70k>



Box 2B Fit

Today, we saw the return of Box2BFit where the children group together to practise their boxing skills!



There were lots of smiles on faces and children enjoying learning a new skill and getting plenty of physical activity at the same time.



School Lunches

Thank you so much for booking your child's lunches on the ParentPay System.

Could we please ask that if you have pre-booked your child's lunch and then decide to have your own packed lunch, that you ring the school office in the morning before 10.00 am and inform us, and then this can be changed and food is not wasted.

Many thank for your co-operation.

School Calendar

Event	Class	Location	Date and Time
Pride Month	Whole School	Applegarth Primary School	June 2024
School Avoidance Webinar	Whole School	Online	Tuesday 11 th June 2024 5:30pm Click here to join
Reception New Starters Welcome Event	Reception Sep 2024 Class	Applegarth Primary School	Wednesday 12 th June 2024 5:00pm – 6:00pm
Autistic Pride Day	Whole School	Applegarth Primary School	Tuesday 18 th June
Nursery New Starters Welcome Meeting	Nursery	Applegarth Primary School	Wednesday 19 th June 4:30pm – 5:30pm
Sports Day	Whole School	Applegarth Primary School	Key stage two Wednesday 19 th June 2024 9:30am – 11:30am Reception and key stage one 1:10pm – 2:45pm
Internet Safety and Mental Health Roadshow	Year 5 and 6	Northallerton Town Hall	Thursday 20 th June 2024
Class & Group Photographs	Whole School	Applegarth Primary School	Friday 21 st June 2024 9:00am – 2:00pm
Robinwood	Year 6	Robinwood , Alston	Monday 24 th June – Wednesday 26 th June 2024
PTA Summer Fair	Whole School	Applegarth Primary School	Friday 28 th June 3:30pm – 5:00pm

Sports Day (contingency date)	Key stage two	Applegarth Primary School	Key stage two Wednesday 3 rd July 9:30am – 11:30am Reception and key stage one 1:10pm – 2:45pm
Nursery Sports Day and Celebration Picnic	Nursery	Applegarth Primary School	Thursday 4 th July 1:30pm – 3:00pm
Year 6 Leavers' Performances	Year 6 Families	Applegarth Primary School	Monday 8 th July 5:30pm – 7:00pm Tuesday 9 th July 1:30pm – 3:00pm Thursday 11 th July 5:30pm – 7:00pm
Mr Renwick World Cup	Whole School	Applegarth Primary School	Wednesday 10 th July
Reception New Starters Transition Session	Reception	Applegarth Primary School	Thursday 11 th July 1:30pm – 3:00pm
Nursery and Reception New Starters Transition Day	Nursery and Reception Sep 2024 Class	Applegarth Primary School	Friday 12 th July 9:30am – 3:00pm

2024/2025 Academic Year

Event	Class/Phase	Location	Date and Time
Macmillan Coffee Morning	Whole School	Applegarth Primary School	Friday 27 th September
PTA Halloween Disco	Whole School	Applegarth Primary School	Thursday 26 th October Nursery, Reception and Key Stage One 5:00pm- 6:00pm Key Stage Two 6:15pm – 7:15pm
PTA Christmas Fair	Whole School	Applegarth Primary School	Friday 29 th November 3:30pm – 5:00pm
Key Stage Two Carol Concert	Years 3 - 6	All Saints Church TBC	Wednesday 4 th December 10:00am – 11:00am
Key Stage One Nativity	Years 1 and 2	Applegarth Primary School	Monday 9 th December 6:00pm – 7:00pm Tuesday 10 th December 10:00am – 11:00am
Key Stage Two Panto	Years 3 - 6	Applegarth Primary School	Tuesday 10 th December 6:00pm – 7:00pm Thursday 12 th December 6:00pm – 7:00pm



Applegarth School

AIM HIGH... BE HAPPY... CELEBRATE... TOGETHER

Applegarth School Summer Fayre 2024 28th June 2024

We are looking for Donations for our Summer Fayre, this can include anything from bottled items, teddies, cakes, items for our Tombola, Raffle prizes and preloved uniform

All monies raised will help to fund school equipment and enrichment activities for the children

All donations can be brought into school and handed to your class Teacher

IF YOU ARE ABLE TO VOLUNTEER ON THE DAY PLEASE LET SCHOOL KNOW.
SET UP TIME IS 1.30PM AND TIDYING UP FINISHES AROUND 6PM.



Applegarth Primary School

PE Timetable- Summer 2 2024



	Monday	Tuesday	Wednesday	Thursday	Friday
Mr Whiteley*		✓			
Mrs Mitchell	✓				
Miss Lycett					✓
Mrs Crossley				✓	
Mrs Jones		✓			
Mrs Cross			✓		
Mrs Hughes			✓	✓	
Mrs Bailey	✓		✓		
Mrs Slinger	✓		✓		
Miss Mutch			✓		

*Reception: Leave PE kits in school in drawstring PE bags.

YEARS 1 – 6: Wear your PE kit to school on the day/s that you have PE sessions. You do not need to bring uniform to change back into. In colder weather, wear black leggings/jogging bottoms and a red hoodie or school jumper.



DEER SHED FESTIVAL

RETRO FUTURES

26-29
JULY
2024

THE CORAL * BOMBAY BICYCLE CLUB * CMAT

SPECIAL GUEST BC CAMPLIGHT

THE GO! TEAM LOS BITCHOS STORNOWAY KING CREOSOTE
JALEN NGONDA JOHN FRANCIS FLYNN FAT DOG LIZ LAWRENCE
PERSONAL TRAINER KOKOKO! NANA BENZ DU TOGO LYR DEADLETTER
KATHERINE PRIDDY FLAMINGODS BESS ATWELL PILLOW QUEENS

AGE 2
AAYUSHI ANNIE DRESSNER BABA ALI BLUE BENDY BROWN HORSE CERY'S HAFANA CHALK
CHIEDU ORAKA DANA GAVANSKI DOMINIE HOOPER ELLUR FRANKIE ARCHER FROZEMODE GROUP LISTENING
HOME COUNTIES JACOB ALON JESSICA WINTER KATHRYN WILLIAMS & WITHERED HAND
KATIE GREGSON-MACLEOD LILY LYONS LIZZIE NO MADMAD MAD MAN/WOMAN/CHAINSAW MELIN MELYN
MORGAN HARPER-JONES NATURE KIDS NIKI STEVENS O. ONEDA OUR MAN IN THE FIELD PICTURE PARLOUR
TAPIR! TINY UMBRELLAS TROUT THE ITCH THE TUBS TWO CANDIES VIJI ZIYAD AL-SAMMAN
ACROSS THE TRACKS (DJ) RORY HOY (DJ) GET IN HER EARS (DJ)

COMEDY - THE HORNE SECTION

SHAPARAK KHORSANDI ANDREW MAXWELL SIKISA FELICITY WARD ABANDOMAN ATHENA KUGBLENU
LORNA ROSE TREEN JOSH WELLER TASKMASTER: EDUCATION LORRAINE BOWEN ANNA HALE SŪ MI
OLAF FALAFEL HAYLEY ELLIS JONNIE ONE BISCUIT THE PITCH KATIE PRITCHARD ADA CAMPE
BEAN SPILLERS KIRSTY'S POPTASTIC PIANO SINGALONG JUNIOR JUNGLE SOUP GROUP
MR SLEEPY BUM SHE CHOIR PRESENTS SUNDAY MORNING ASSEMBLY KAPOW WRESTLING

LITERARY & SPOKEN WORD

ANDY BURNHAM VANESSA KISUULE SIMON ARMITAGE JOHN NIVEN ANIEFIOK EKPOUDOM DR JENESSA
WILLIAMS ANNA DOBLE NJAMBI MCGRATH KATHERINE O'SHEA OLAF FALAFEL RIMA AHMED
DAVE SIMPSON ALAN LEACH'S FAMILY FUN QUIZ MARTYN BEDFORD LIVEWIRE POETRY
LEEDS TRINITY UNIVERSITY SOUNDTRACK TO MY LIFE PODCAST
WRITING BIG IDEAS: NEW NOVELISTS WRITING BIG IDEAS: PERFORMANCE & PROSE

SCIENCE RIELDER OBSERVATORY TAKEOVER RUBIK'S CUBE WORKSHOPS VR RETRO GAMING
SYNTH BUILDING SOLDERING GIRLS WITH DRILLS LASER MAZE TMUSIC PRODUCTION PUZZLE CORNER

SPORTS SKATEBOARD & BMX WRESTLING AMERICAN FOOTBALL HURF GUN ARENA KAYAKING
TREE CLIMBING DIY SPORTS ASSASSINS FLAG FOOTBALL SPACE CADET BOOTCAMP

UNDER 55 OVER 20 GREAT ACTIVITIES TO KEEP YOUR YOUNG ONES ENTERTAINED!

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What Parents & Educators Need to Know about **SCHOOL AVOIDANCE**

Emotionally Based School Avoidance is a term used to refer to reduced attendance or non-attendance at school by a child or young person; it's often rooted in emotional, mental health or wellbeing issues. The rate of children who miss school more than 10% of the time in England has more than doubled since before the pandemic: rising from 10.9% in 2018-19, to 22.3% in 2022-23.

UNDERSTANDING SCHOOL AVOIDANCE

REASONS FOR ABSENCE

School avoidance is sometimes underpinned by several factors rather than one single cause. This could include something going on for the child or young person within the family or at school. A child may have caring responsibilities at home, for instance, or a change in family dynamics; bullying and friendship difficulties at school; pressure to achieve in schoolwork and exams; or moving from primary school to secondary school.

PATTERNS OF ABSENCE

You may notice patterns in regular absences or children regularly expressing that they don't want to attend school (particularly being reluctant to leave home on school days). If a child or young person is neurodiverse, there is some evidence to suggest there are more aspects of school life which can cause distress - such as changes in the environment, changes of routine and sensory stimuli.

COMPLAINTS ABOUT PHYSICAL SYMPTOMS

There may be an increase in a child or young person's complaints about physical symptoms, particularly on school days or the evening before school. These could include complaining of a tummy ache, headache, or saying they feel ill when there doesn't appear to be a medical cause. Always check with the GP first to rule out medical causes or illness.

IMPACT OF SCHOOL AVOIDANCE

LEARNING AND DEVELOPMENT

School refusal can negatively impact a young person's learning and development. Attending school on a regular basis not only supports academic attainment but is also important for the development of key life skills and the growth of children and young people as citizens.

LONG-TERM OUTCOMES

The difficulties associated with school non-attendance can be far-reaching and may have a negative impact on long-term outcomes. It may, for example, lead to reduced future aspirations, poor emotional regulation, mental health difficulties, limited academic progress and restricted employment opportunities.

CYCLE OF ABSENCE

Consistent absences may contribute to sustained school avoidance over time. Further to this, the longer a pupil is out of education, the more likely it is that there is a risk in their ongoing need to avoid the activity which is making them anxious - increasing their desire to stay at home.

Advice for Parents & Educators

WORK TOGETHER

If there's a concern about a child's absence and emotional wellbeing, it's important that there is clear communication and a consistent approach between the child's parents and the school, so you can take a child-centred approach together towards a plan of support or reintegration. This ensures a consistency of approach from both home and school, creating better outcomes for the child.

MANAGING OVERWHELMING FEELINGS

While there may be times you feel frustrated or angry, try to stay calm; acknowledge the child's worries, listen and discuss a range of coping strategies together to help them face the discomfort and overwhelming feelings. These could include mindfulness, deep breathing or going for a walk and practise the strategies in less overwhelming situations first.

FOLLOW REGULAR ROUTINES

Children can benefit from a regular and consistent routine. This could be a morning routine, from waking up and having breakfast through to getting dressed, packing their bag and leaving the house. A consistent evening routine which is calm and limited time on screens can also give children much needed predictability and familiarity. Schools can help create a timetabled routine for the child's school day, if required.

REDUCE STIMULATING ACTIVITIES AT HOME

If a child is avoiding school, reduce their access to more stimulating activities (such as watching television, playing games and spending time with friends) during school hours, where possible. This reduces the potential for the child having rewarding experiences at home, which could be interpreted as a positive aspect of avoiding school.

Meet Our Expert

With 30 years' experience as a teacher, trainer, consultant and interim executive board member, Anna Bateman has a superb understanding of what works in pedagogy, school improvement and leadership. She has also advised the Department for Education on their mental health green paper.



#WakeUpWednesday

The National College



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MAY HALF-TERM 2024

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5-7pm

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1 hour laser Battle
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includes pizza slices,
fries and salad sticks
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Or scan
the QR
Code



HOLIDAY ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and clothes for climbing, scrambling, crawling and squirming amongst the rocks and we'll provide the rest.

£52.50, or £97.50 for siblings

Ilkley Cow & Calf: Tuesday, 28th May, 9.30am-4.30pm

Brimham Rocks: Thursdays, 30th May, 9.30am-4.30pm



Book online or contact us via email

 WWW.MYEXPEDITIONROCKS.COM

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TOWN COUNCIL
&
RAF LEEMING**

CELEBRATE OUR LINKS WITH A

FREEDOM PARADE



FRIDAY 31ST MAY 2024



NORTHALLERTON TOWN SQUARE



10:30 ONWARDS WITH A FLY PAST AT 11:00



MILITARY BAND AND PARADE



INFORMATION STALLS FROM
A VARIETY OF RAF TEAMS

PLEASE NOTE, IN CASE OF EXTREME
WEATHER THE EVENT WILL NOT PROCEED

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Catterick Library

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Tel: 01609 536 066

Email: AdultLearningService@northyorks.gov.uk

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£8.80 per hour for Non-Members

**£6.60 per hour for Members when block booking
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Pupil premium families' discount may be provided upon request.

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