## Applegarth Primary School Newsletter

## Friday 10<sup>th</sup> January 2025



Welcome back! I hope that everyone had an enjoyable break over the holidays. We are looking forward to a brilliant Spring term ahead!



Mrs Rutherford was completely overwhelmed and grateful for all of the kind words and gifts she received at the end of term. She would like to send you a poem by way of thanks:

"Thank you all for kindness shown,
For every gift, each word I've known.
The love and warmth have filled my heart,
A beautiful way to end my part.

Though I'm retiring, I'll hold dear
There memories, year after year.
I wish you health, joy and light,
And hope your days are always bright.

I'll miss you all, more than you know,
As I let this chapter gently go.
Thank you once more, from deep inside With gratitude and care, I say goodbye."

## **Artist of the term**



#### Hi I'm Stacey!

Welcome to my corner of the world.

My goal is to offer you an escape to the tranquil Yorkshire Dales through my artwork. With dedication to my craft and a deep commitment to authenticity, I strive to create timeless pieces that not only adorn your walls but also bring the serene beauty of nature into your everyday life.

My studio door is always open, so come in and take a look around.

Explore Collection

Mrs Burrell would like to introduce you all to the artist of the term: Stacey Moore.

She would like you to explore some of her artwork and perhaps have a go yourself with your families at creating your own artwork using pencils.

There is space on the Art display board in school to create an exhibition of your amazing artwork. Stacey is very excited to see what you produce and is sending us some lovely prizes for those families who get involved.







On The Righ



## Friends of Applegarth



## NOUR PTA



Get involved, Voice your opinion, make your ideas count and make a change!

Everyone Welcome! Teachers, staff, parents, grandparents and community members

Help out as much or as little as you can at our events. No requirement to come to meetings



All money raised goes back to the children

Please message Gemma on 07907012122 if you would like to join our PTA WhatsApp group



As always we appreciate your support in improving the lives of all of the children of Applegarth Primary School

## We are proud to be a myHappymind school!

This programme is a whole school approach grounded in science and dedicated to building positive mental wellbeing. myHappymind helps children understand how their brains work and creates a culture that helps to build children's resilience, confidence, and self-esteem.



We are very excited to launch Happy Mind next week.

## **SAFEGUARDING NOTICES**

### Safeguarding is everyone's responsibility

We are trying to promote 'Choose Respect' with the children in school this term. Part of our safeguarding agenda is to promote safe ways of dealing with conflict on the playground without resorting to getting physical (e.g. pushing and shoving).

We are asking all parents to explore the idea of 'Choose Respect' with their own children, particularly about how they can use their words to politely disagree and when it is necessary to find an adult to help them to manage a disagreement before it gets physical. Our team is going to start wearing hi-vis on the playground at breaktimes and lunchtimes so that the children can easily identify where the adults are in the area.

All staff at Applegarth know that safeguarding is EVERYONE'S responsibility. Find out more on our Safeguarding Page. For information about Online Safety, visit our dedicated webpage. You can also report any concerns you have to our welfare email: dsl@applegarth.n-yorks.sch.uk

#### **IMPORTANT – We are a 'NO NUTS'**

school due to several children having severe allergies. Please check ingredients carefully and do not send in snacks/lunchbox items that contain nuts.



## What Parents & Educators Need to Know about

D@\*#!

WHAT ARE THE RISKS?

active players. That's partially due to the competitive nature of its player-vs-player combat, its pop culture crossovers and its constantly shifting map. Significant updates are rolled out with each new version of the game – known as 'chapters' – and within these sit shorter 'seasons'.

#### ALWAYS ONLINE

#### IN-GAME COSTS

#### POP CULTURE REFERENCES

## CROSSPLAY AND PARTY CHAT

## Advice for Parents & Educators

#### MATCH GAMING TIMES

#### SET SPENDING LIMITS

#### **USE UPDATES AS REWARDS**

#### **BE WARY OF SCAMS**

#### Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. A long-time gamer, he is also a parent and therefore a keen advocate of online safet, Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.





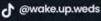
The National College<sup>®</sup>

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/www.thenationalcollege



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## Sweet Tubs

Northallerton Leisure Centre are collecting empty plastic sweet tubs in aid of Macmillan.

Make sure your tubs don't go to waste and bring your clean, empty plastic confectionery and cracker tubs to Northallerton Leisure Centre to be recycled.

Simply leave your tubs with a reception staff member. All tubs will be collected and taken to a plastic reprocessing centre where they're shredded, before being sold onto plastic manufacturers to use in place of virgin plastics. All money raised from the sale of Tub2Pub plastics will be given directly to Macmillan Cancer Support.





## Do you know that our school has a Nursery for 3 year old children?

If you know anyone who would like to attend Applegarth Nursery, please scan the QR code which will navigate you to the website page where you can apply for a Nursery place.

You can apply at anytime but children will start the term after they turn 3.

Speak to one of the Nursery Team (Mrs Burrell, Miss Melville and Mrs Evans) if you have any questions.



### **OPAL**

### We need your help!

Despite the weather getting colder and wetter, we need to keep our school field open for OPAL at lunchtimes. To support us with this, please can your child have wellies, or spare shoes and a waterproof coat with a hood in school everyday. Their wellies/spare shoes should be in a plastic bag with their name on them

### **Digging Area**

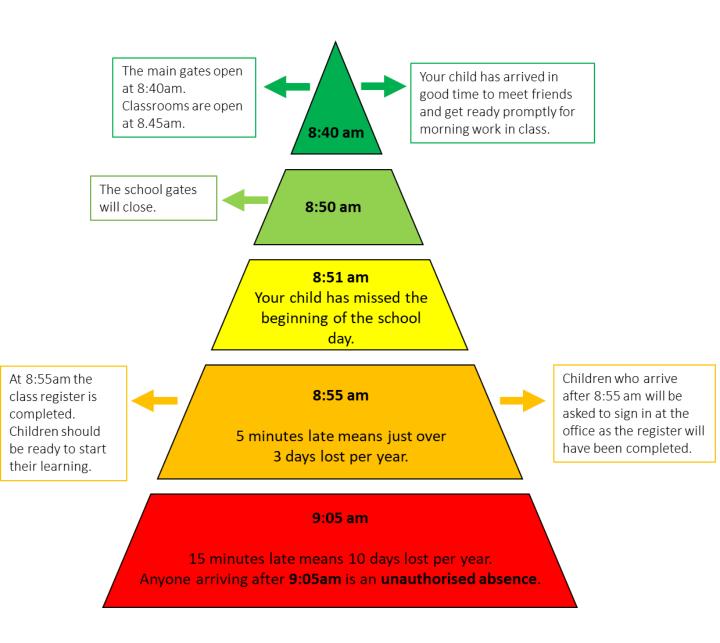
We would love to introduce a 'digging area' onto the field. We are asking for donations of **buckets**, **trowels**, **spades**, **forks etc**. These can be brought into school and given to Miss Mutch/Miss Coatsworth or left in our OPAL donation bin outside the front of the reception. Thank you for your continued support!

#### **Bikes**

We are really short of bikes that are suitable for our **KS2 children**. If your child is growing out of their bike and it is in good working order, we would happily accept your donation.

We also have EYFS/KS1 bikes in need of minor repairs — if there is anyone in our school community who knows their way around a bike and is happy to help, then please let us know at the School Office.

## **Attendance**



## **School Calendar**

## 2024/2025 Academic Year

1, 3			
Event	Class/ Phase	Location	Date and Time
School Re-opens	Whole School	Applegarth Primary School	Tuesday 7 <sup>th</sup> January 2025
No After School Club	Whole School	Applegarth Primary School	Tuesday 21 <sup>st</sup> January
NSPCC Number Day- come dressed in numbers	Whole School	Applegarth Primary School	Friday 7 <sup>th</sup> February 2025
Science Week	Whole School	Applegarth Primary School	7 <sup>th</sup> – 16 <sup>th</sup> March 2025







## Autism Central and Home-Start Drop-In

## Do you have an autistic child (with or without diagnosis) and need support?

Autism Central and Home-Start coffee mornings are an opportunity for families and carers of autistic people to connect with each other and get advice and support from Autism Central and Home-Start staff.

This group is suitable for you if you have a family member who is diagnosed/going through the diagnostic process/has been identified as having a need relating to autism, ADHD, sensory processing difficulties, anxiety and social communication differences.

Autism Central offers high-quality and easily accessible support, education and training alongside a dedicated website.

> Tuesday 10th September | 10am-12pm Tuesday 8th October | 10am-12pm Tuesday 12th November | 10am-12pm Tuesday 10th December | 10am-12pm Tuesday 14th January | 10am-12pm

Coverdale Suite, IPS Innovate, Colburn Business Park, Chartermark
Way, Catterick Garrison,
DL9 4QJ

For more information, please contact the Autism Central team on support@daisychainproject.co.uk / visit daisychainproject.co.uk





## WINTER TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
If you can't make the date ask for the link to the
recording, available for 48 hours afterwards
Book online at facefamilyadvice.co.uk
go to the PARENT page

FREE - Decreasing Depression FREE - Anxiety Explained	25 NOV 20 JAN
What is ACT?	26 NOV, 21 JAN
Understanding Addictive Behaviour	28 NOV
Supporting a Child with ADHD	5 DEC, 2 JAN
Understanding Anger	16 DEC, 13 JAN
Facing Defiance	17 DEC, 14 JAN
Supporting Healthy Screen Use	19 DEC, 16 JAN
Anxiety-Based School Avoidance	7 JAN
AUTISM: Improving Communication	9 JAN
Raising Self-Esteem	27 JAN
Supporting Healthy Sleep	28 JAN
Improving Family Communication	4 FEB
Introduction to OCD	18 FEB

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk





## Fun & athletics for all Primary School children\*

\*aged 4-11, ideally not for kids currently in a running club

# At Course

Starts Sat 11th Jan for 8 weeks

Knayton Sports Hall 11am–12 noon

Only £50 per child

Glen Hilton, athletics coach and former England international athlete, will teach our youngsters the fundamentals of athletics and endurance running.

For more details contact Glen Hilton: hiltonglen444@gmail.com

